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1 **Calibrating abundance indices with population size estimators of red back salamanders**
2 **(*Plethodon cinereus*) in a New England forest**

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18 **Abstract**

19 Herpetologists and conservation biologists frequently use convenient and cost-effective, but less
20 accurate, abundance indices (e.g., number of individuals collected under artificial cover boards
21 or during natural objects surveys) in lieu of more accurate, but costly and destructive, population
22 size estimators to detect and monitor size, state, and trends of amphibian populations. Although
23 there are advantages and disadvantages to each approach, reliable use of abundance indices
24 requires that they be calibrated with accurate population estimators. Such calibrations, however,
25 are rare. The red back salamander, *Plethodon cinereus*, is an ecologically useful indicator species
26 of forest dynamics, and accurate calibration of indices of salamander abundance could increase
27 the reliability of abundance indices used in monitoring programs. We calibrated abundance
28 indices derived from surveys of *P. cinereus* under artificial cover boards or natural objects with a
29 more accurate estimator of their population size in a New England forest. Average densities/m²
30 and capture probabilities of *P. cinereus* under natural objects or cover boards in independent,
31 replicate sites at the Harvard Forest (Petersham, Massachusetts, USA) were similar in stands
32 dominated by *Tsuga canadensis* (eastern hemlock) and deciduous hardwood species
33 (predominantly *Quercus rubra* [red oak] and *Acer rubrum* [red maple]). The abundance index
34 based on salamanders surveyed under natural objects was significantly associated with density
35 estimates of *P. cinereus* derived from depletion (removal) surveys, but underestimated true
36 density by 50%. In contrast, the abundance index based on cover-board surveys overestimated
37 true density by a factor of 8 and the association between the cover-board index and the density
38 estimates was not statistically significant. We conclude that when calibrated and used
39 appropriately, some abundance indices may provide cost-effective and reliable measures of *P.*

40 *cinereus* abundance that could be used in conservation assessments and long-term monitoring at
41 Harvard Forest and other northeastern USA forests.

42 **Keywords:** Abundance index, amphibian monitoring, artificial cover boards, depletion sampling,
43 indicator species, long-term monitoring, *Plethodon cinereus*, population size, regression
44 calibration, removal sampling, salamander, *Tsuga canadensis*.

45 **1. Introduction**

46 Amphibians are declining worldwide due to climatic changes, habitat loss and alteration,
47 invasive species, diseases, and environmental pollution (Becker et al., 2007; Dodd, 2010); the
48 number of threatened amphibian species increased nine-fold between 1996 and 2011 (Lanoo,
49 2005; ICUN, 2011). Because amphibians are physiologically sensitive to many local
50 environmental characteristics, they are thought to be useful indicator species for monitoring local
51 environmental changes (Welsh & Hodgson, 2013, but see Kerby et al., 2010). Thus, the overall
52 decline of amphibians worldwide could suggest a corresponding deterioration of environmental
53 conditions. However, indicator species can be used reliably to monitor environmental conditions
54 and to inform conservation programs only if indices used as indicators, such as population size,
55 reflect the actual measurement (e.g., abundance or density) of the species of interest (Yoccoz et
56 al., 2001).

57 Two standard methods are used to accurately estimate the size of amphibian populations
58 (Heyer et al., 1994): capture-mark-recapture methods (Seber, 1982; Bailey et al., 2004 a & b)
59 and depletion (removal) methods (Zippin, 1956; Bailey et al., 2004a). Although both of these
60 methods yield reliable estimates of abundance, they are impractical to use when species have
61 very large home ranges, low detection probability, or are cryptic or rare (Royle, 2004). Long-

62 term monitoring programs also may not have sufficient resources to regularly (e.g., annually)
63 repeat intensive mark-recapture or depletion studies. Finally, mark-recapture studies that rely on
64 toe clipping or PIT tags may reduce survival and have been critiqued on ethical grounds (e.g.,
65 Clark, 1972; Heyer et al., 1994; Ott & Scott, 1999; Green, 2001; May, 2004; Dodd, 2010;
66 Guimarães et al., 2014), and depletion studies can reduce local population sizes (Hayek, 1994).

67 Because of these challenges, many herpetologists and conservation biologists who use
68 amphibians, including Plethodontid salamanders, as indicator species use indices of abundance
69 derived from simple counts of individuals under artificial cover boards, random searching of
70 natural objects, pitfall traps, or visual encounter surveys (Heyer et al., 1994; Mathewson, 2009,
71 2014; Welsh & Hodgson, 2013). Although abundance indices routinely are assumed to be
72 proportional to absolute measures of abundance, assuming a constant capture probability (i.e.,
73 detectability), these indices may not provide accurate estimators of population size. For example,
74 salamanders may be attracted to cover boards or pitfall traps, and random searching or visual
75 encounter surveys may not provide reliable estimates of detection probability or occupancy,
76 which also are rarely constant (e.g., Krebs, 1999; Pollock et al., 2002). Nonetheless, abundance
77 indices often are easier to obtain than other estimators of population abundance, can be
78 determined for large areas, are less intrusive, minimize harm to individuals, and are cost-
79 effective (Royle, 2004; Pollock et al., 2002).

80 The trade-off between the need for reliable and cost-effective abundance indices versus
81 labor-intensive but more accurate abundance estimators has led to research that combines both
82 methods using model-based inference (e.g., Smith, 1984; Buckland et al., 2000). Two
83 approaches are used commonly in studies of birds and mammals. *N*-mixture models use Poisson

84 or binomial likelihoods of abundance indices or repeated count data to obtain site-specific
85 estimates of abundance (e.g., Royle, 2004). Alternatively, abundance indices can be calibrated to
86 population estimates obtained from mark-recapture or depletion studies (e.g., Eberhardt &
87 Simmons, 1987; Brown et al., 1996). However, neither N -mixture models nor direct calibration
88 of abundance indices have been adopted widely by herpetologists, who generally use
89 uncalibrated abundance indices to draw inferences about population sizes and demographic rates,
90 and then use these inferences to guide management applications (Mazerolle et al., 2007). Here,
91 we calibrate abundance indices derived from transect surveys of counts of salamanders found
92 under cover boards and natural objects with simultaneous estimates of local population sizes of
93 eastern red back salamanders (*Plethodon cinereus* (Greene, 1818)) obtained using replicated
94 depletion studies in a New England Forest.

95 This study is particularly timely because of the ongoing decline of *Tsuga canadensis* (L.)
96 Carrière, a foundation tree species in New England forests (Ellison et al., 2005). *Tsuga*
97 *canadensis* is being killed by a non-native insect, *Adelges tsugae*, which is spreading rapidly
98 throughout the eastern United States (e.g., Orwig et al., 2012). Because *T. canadensis* has a large
99 range, assessment of the consequences of its decline at any particular site requires rapid, fine-
100 scale studies of the status and trends in populations of species associated with *T. canadensis*. For
101 example, the loss of the majority of *T. canadensis* individuals from southern and central New
102 England forests over the next several decades is expected to lead to parallel declines in
103 salamander populations (e.g., Ellison et al., 2005; Mathewson, 2009, 2014). Designing,
104 validating, and implementing a long-term monitoring program for salamanders in these forests
105 requires both accurate base-line estimates of population sizes and methods to rapidly (re)assess

106 populations for many years to come (e.g., Bailey et al., 2004b; Mazerolle et al., 2007; Gitzen et
107 al., 2012).

108 **2. Materials and Methods**

109 Our calibration study involved four sequential steps (Fig. 1):

- 110 1- Establishment of plots and sampling transects, and emplacement of cover boards (May
111 2013);
- 112 2- Simultaneous depletion sampling, surveys of natural cover objects, and surveys of cover
113 boards (repeated twice in July 2014);
- 114 3- Estimation of population sizes from depletion sampling;
- 115 4- Regressions of data from cover board surveys and natural object surveys on estimated
116 population size of *P. cinereus*.

117 **2.1 Study species**

118 *Plethodon cinereus* is a common woodland amphibian in the family Plethodontidae. This
119 is the largest family of salamanders, with at least 240 species (Hairston, 1987; Mathewson, 2006;
120 Dodd, 2010). Plethodontid salamanders, including *P. cinereus*, are lungless organisms that
121 respire through their skin (Hairston, 1987). *Plethodon cinereus* also has no aquatic life-history
122 stage; rather it is completely terrestrial and spends its entire 3-7 year lifetime in forested areas,
123 living in or under moist soils, rotting logs, leaf litter rocks, and other natural cover objects. The
124 females lay 3-14 eggs underneath moist soils and natural objects between mid-June and mid-July;
125 the incubation period is 6-9 weeks long (Petranka, 1998). The home range of *P. cinereus* is

126 relatively small (13 m^2 on average), and they normally move $< 1 \text{ m/day}$ when foraging for prey
127 at the soil surface (Mathewson, 2006). Its limited mobility has suggested that *P. cinereus* should
128 be an excellent indicator of changes to environmental conditions in the forested ecosystems in
129 which they live (Welsh & Hodgson 2013; Mathewson, 2009).

130 The population biology and trophic position of *P. cinereus* also is well studied. For
131 example, Burton & Likens (1975) reported that the density of *P. cinereus* at Hubbard Brook,
132 New Hampshire was ≈ 0.25 salamanders/ m^2 , and that their total biomass was equal to that of
133 small mammals and twice that of breeding birds at their study site. These numbers are
134 conservative, as only 2 – 32% of the local population of *P. cinereus* normally is present on or
135 near the surface during the warm and moist or rainy nights when this species is typically sampled
136 (Taub, 1961; Burton & Likens, 1975). Their high abundance makes *P. cinereus* an important
137 prey item of many birds and snakes, and this salamander also is a significant predator of many
138 soil-dwelling invertebrates including insects (Welsh & Hodgson, 2013).

139 **2.2. Study site and locations of calibration plots**

140 This calibration study was done at the Simes Tract (Ellison et al., 2014) within the
141 Harvard Forest Long-term Ecological Research (LTER) site in Petersham, Massachusetts, USA
142 ($42.47^\circ - 42.48^\circ \text{ N}$, $72.22^\circ - 72.21^\circ \text{ W}$; elevation 215 – 300 m a.s.l.). All measurements were
143 taken within four separate forest stands. Two of these stands were dominated by eastern hemlock
144 (*Tsuga canadensis*) and the other two were composed of mixed deciduous species, including
145 oaks (*Quercus* spp.) and maples (*Acer* spp.) species (Fig. 3). The two hemlock sites were in a
146 moist valley, whereas the two deciduous locations were on a drier ridge $\approx 500 \text{ m}$ from the valley.

147 Individual stands within a forest type were separated by > 100 m, so all four sites can be
148 considered independent replicates.

149 Transects for depletion sampling, natural object surveys, and cover boards were
150 established in May 2013. Within each stand, we laid out three parallel 30×1 -m strip transects,
151 separated from one another by 10 m (Fig. 2). Depletion sampling and natural object surveys were
152 done along all three transects. Along each of two of these transects (the outer ones) in each stand,
153 we placed five cover boards ($1 \times 0.25 \times 0.02$ m rough-sawn *T. canadensis* planks) spaced 5 m
154 from one another. To ensure that the lower surface of each cover board was in contact with the
155 soil surface, leaf litter directly under the cover board was removed before the cover board was
156 laid down. To minimize effects of the disturbance of establishing the sampling locations on
157 detection of *P. cinereus*, and to allow for appropriate weathering (Mathewson, 2009; Hesed,
158 2012), all sampling was done in July 2014, 14 months after the sites had been selected, transects
159 laid out, and cover boards placed in the field. Following each sampling day, all transects,
160 including natural objects on the forest floor, were left in similar conditions to those seen at the
161 start of the day.

162 **2.3. Salamander sampling**

163 Depletion sampling of *P. cinereus*, surveys of these salamanders under natural cover
164 objects, and counts of individual salamanders under cover boards in all four plots occurred
165 during two four-day sessions in July 2014. The first session ran from 14-17 July, and the second
166 from 27-30 July. All sampling was done on the morning of each day between 0700 and 1100
167 hours.

168 **2.3.1. Depletion sampling**

169 Our depletion sampling procedure followed that developed by Hairston (1986), Petranka
170 & Murray (2001), and Bailey et al. (2004a). Every morning during each of the two four-day
171 sampling sessions, we intensively searched for salamanders for ≈ 4 hours under dead wood, rocks,
172 and leaf litter in each transect in each plot. All salamanders encountered in each transect were
173 removed and placed into $0.7 \times 0.3 \times 0.15$ -m plastic baskets buried 5 m outside of the sampling
174 zones. The bottom 10 cm of each basket was filled with dirt and leaf litter to provide moist
175 habitat and food; small holes were drilled in the bottom of each basket to allow rain water to
176 drain; and baskets were covered with mesh netting to provide shade and protection from
177 predators (Corn, 1994). All salamanders collected from the transects were kept in these baskets
178 for the entire sampling session (up to 72 hours), and were released thereafter back into the study
179 plots from which they had been collected.

180 **2.3.2. Cover-board sampling**

181 We lifted up each cover board, counted the number of *P. cinereus* that we saw under it
182 (Mathewson, 2009; Hesed, 2012), removed the salamanders from under the cover boards, and
183 placed them in the holding baskets.

184 **2.4. Abundance estimations and calculation of abundance indices**

185 The three abundance estimates were calculated for each sampling session separately.
186 From the data collected from the depletion surveys, we estimated capture probability and
187 population size of *P. cinereus* in each plot using Zippin's regression method (Zippin, 1956, 1958)
188 as implemented in the Removal Sampling software, version 2.2.2.22 (Seaby & Henderson, 2007).

189 In this method, the total number of individuals captured and removed from the sampling area
190 (i.e., each transect) each day was plotted as a function of the cumulative number of captures on
191 previous days in the same transect. The estimated population size for each transect is defined as
192 the point where the regression line intercepts the x -axis, and the capture probability as the slope
193 of the regression line (Zippin, 1956, 1958; Seaby & Henderson, 2007). Estimates of population
194 size per m^2 or per ha were obtained by division (we sampled $30 m^2$ per transect) or multiplication
195 ($1 ha = 10,000 m^2$), respectively.

196 A transect-level cover-board index (salamanders/ m^2) was estimated as the average of the
197 number of salamanders detected during the first day of each sampling session under all five
198 cover boards in the transect, multiplied by 4 (the area of a single cover board = $0.25 m^2$).
199 Similarly, a transect-level natural object survey index (salamanders/ m^2 ; excluding the cover
200 boards) was estimated as the total number of salamanders captured during the first day of
201 sampling in each transect divided by 30 (the total area of strip transects searched for salamanders
202 was $30 \times 1 m^2 = 30 m^2$). In both cases, we calculated population indices for each sampling
203 session only from the first day of captures to avoid effects of habitat disturbance (from searching)
204 and ongoing removal sampling on the subsequent three days of detection and capture of
205 salamanders.

206 **2.5. Calibration of indices**

207 We calibrated the two density indices (from cover boards and natural objects) by
208 regressing them against the estimates of population size derived from depletion sampling
209 (Eberhardt, 1982).

210 3. Results

211 Between both sampling sessions and summed over all three sampling methods, we
212 captured or detected a total of 101 *P. cinereus* individuals: 53 individuals were captured in the
213 first sampling session and 48 in the second. There was no significant difference between the
214 number of salamanders captured in the hemlock plots (59) and the hardwood plots (42)
215 (Wilcoxon rank sum test: $W = 24$, $P = 0.18$). As is typically found in depletion studies, the total
216 number of captures/day declined continuously in both forest types, and cumulative captures
217 generally leveled off by the fourth day of sampling during each session (Fig. 4).

218 The average population density of *P. cinereus* estimated from the depletion surveys
219 ranged from 0.13 (hardwood) to 0.18 (hemlock) salamanders/m² (1330 to 1816 salamanders/ha),
220 with an overall average of 0.15 salamanders/m² (1550/ha) (Table 1). The average capture
221 probability in the hemlock stands was 0.51, about 15% lower than that in the hardwood stands
222 (0.64). In contrast, the average relative density suggested by cover-board observations was 1.7
223 individuals/m² in the hemlock stands and 0.7 salamanders/m² in the hardwood stands, with an
224 overall average of 1.2 salamanders/m². Last, the estimated density of *P. cinereus* from searches
225 of natural objects within each 30 × 1-m transects was 0.1 and 0.06 salamanders/m² in the
226 hemlock and hardwood stands, respectively with an overall average of 0.08 salamanders/m².
227 Overall, there were no significant differences between forest stand types in any of these
228 estimates (Table 1).

229 Because we found no differences between forest-stand types in salamander density or
230 abundance indices, we pooled the data from the two forest-stand types when we calibrated the
231 two indices using the estimated population density (Fig. 5). The estimated true density of *P.*
232 *cinereus* was predicted well by the natural-objects survey ($r^2 = 0.65$, $P = 0.001$; Fig. 5) but the

233 cover-board index was weakly and not significantly associated with the estimated true population
234 density ($r^2 = 0.30$, $P = 0.158$). The density index from the natural object survey underestimated
235 the estimated population density of *P. cinereus* by 50%, whereas the cover-board index
236 overestimated the estimated population density of *P. cinereus* by a factor of eight (Fig. 5).

237

238 **4. Discussion**

239 Estimation of the abundance of organisms is at the core of population biology and
240 conservation practice (Krebs, 1999). However, in spite of the importance of accurate estimates of
241 population size, many ecologists and environmental scientists use abundance indices that rarely
242 are calibrated with actual abundance data. We have shown here that, with only modest effort, at
243 least one abundance index for *P. cinereus* can be calibrated reasonably well, allowing for
244 stronger inferences regarding salamander population size.

245 Our results represent the first time, to our knowledge, that an abundance index of
246 salamander population size has been calibrated to actual density estimates in northeastern North
247 America. Our results suggest that rapid surveys of natural cover objects in two forest types
248 (hemlock or mixed deciduous stands) correspond reasonably well with estimates of population
249 size obtained from more careful, labor-intensive depletion samples. Our results also were similar
250 to relative abundance of *P. cinereus* found during cover-board surveys a decade ago at Harvard
251 Forest (Mathewson 2009). However, our estimates of abundance from depletion sampling (1816
252 salamanders/ha) were 20% lower than those found in hardwood forests at Hubbard Brook, New
253 Hampshire (2243 salamanders/ha; Burton & Likens, 1975). Both of these density estimates are
254 likely to be quite conservative, as Taub (1961) suggested that only 2 – 32% of a local population

255 of *P. cinereus* is available for sampling on the soil surface or within the topsoil during a given
256 period of time.

257 Although the abundance index obtained by natural object surveys was well calibrated
258 with the population size estimator from depletion sampling, the cover-board index was not well
259 calibrated. The overestimation of population density suggested by cover board surveys were not
260 surprising, as cover boards provide additional protected habitat at the soil surface that should be
261 attractive to *P. cinereus* (Hesed, 2012). The spatial heterogeneity in *P. cinereus* individuals and
262 their relatively low mobility also may have contributed to the large variability in the cover-board
263 index (CV = 77%; Table 1). Overall, we conclude that population indices of *P. cinereus* from
264 natural objects surveys are more reliable than indices from cover-board surveys within our study
265 area.

266 Calibrating indices with population density estimation using methods such as removal
267 sampling requires that all the different sampling methods be done simultaneously over a large
268 area, a process that is labor (and hence, cost) intensive. If salamander sampling is part of a long-
269 term monitoring program, we recommend that calibration should occur regularly. If consistent
270 results are achieved with a series of annual calibrations, it is possible that, longer times between
271 re-calibrations, perhaps every 4-5 year could be considered to capture the effects of, for example,
272 changing environments. We also note that we used linear relationships to calibrate population
273 indices with density estimates but the relationship between density and abundance indices may
274 be non-linear (Pollock et al., 2002).

275 In summary, our results suggest that once they are calibrated, meaningful data on
276 amphibian abundance may be obtained from natural object surveys that take fewer supplies,
277 people, and time than repeating more intensive, invasive, or destructive methods (e.g., capture-

278 mark-recapture surveys, pitfall traps, or depletion surveys). Although our data and calibrations
279 are applicable only to the forest we studied in central Massachusetts and its particular weather
280 conditions, the method for calibrating abundance indices is generalizable to any site. We
281 recommend that any abundance index be routinely recalibrated just as one would do with an
282 electronic sensor. Such calibrated abundance indices could lead to cost-effective indicators that
283 are straightforward to implement in large-scale conservation programs and broader ecological
284 research (e.g., Noss, 1990; Gitzen et al., 2012, or the U.S. Geological Survey's Amphibian
285 Research and Monitoring Initiative: <http://armi.usgs.gov>).

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410 Zippin C. 1958. The removal method of population estimation. *The Journal of Wildlife*
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413

414 Table 1. Mean estimates (standard error of the mean) of *P. cinereus* population size
415 (salamanders/m²) based on depletion sampling, surveys of cover boards, and surveys under
416 natural objects at the Simes Tract, Harvard Forest. Tests for significant differences in each
417 estimate were done using the Wilcoxon rank-sum test.

Salamanders/m ²	Forest type		Wilcoxon's <i>W</i>	<i>P</i> value
	Hemlock	Hardwood		
Depletion sampling	0.18 (0.03)	0.13 (0.02)	6.5	0.461
Cover-board index	1.7 (0.4)	0.7 (0.17)	0	0.125
Natural-object survey index	0.1 (0.02)	0.06 (0.01)	7	0.562

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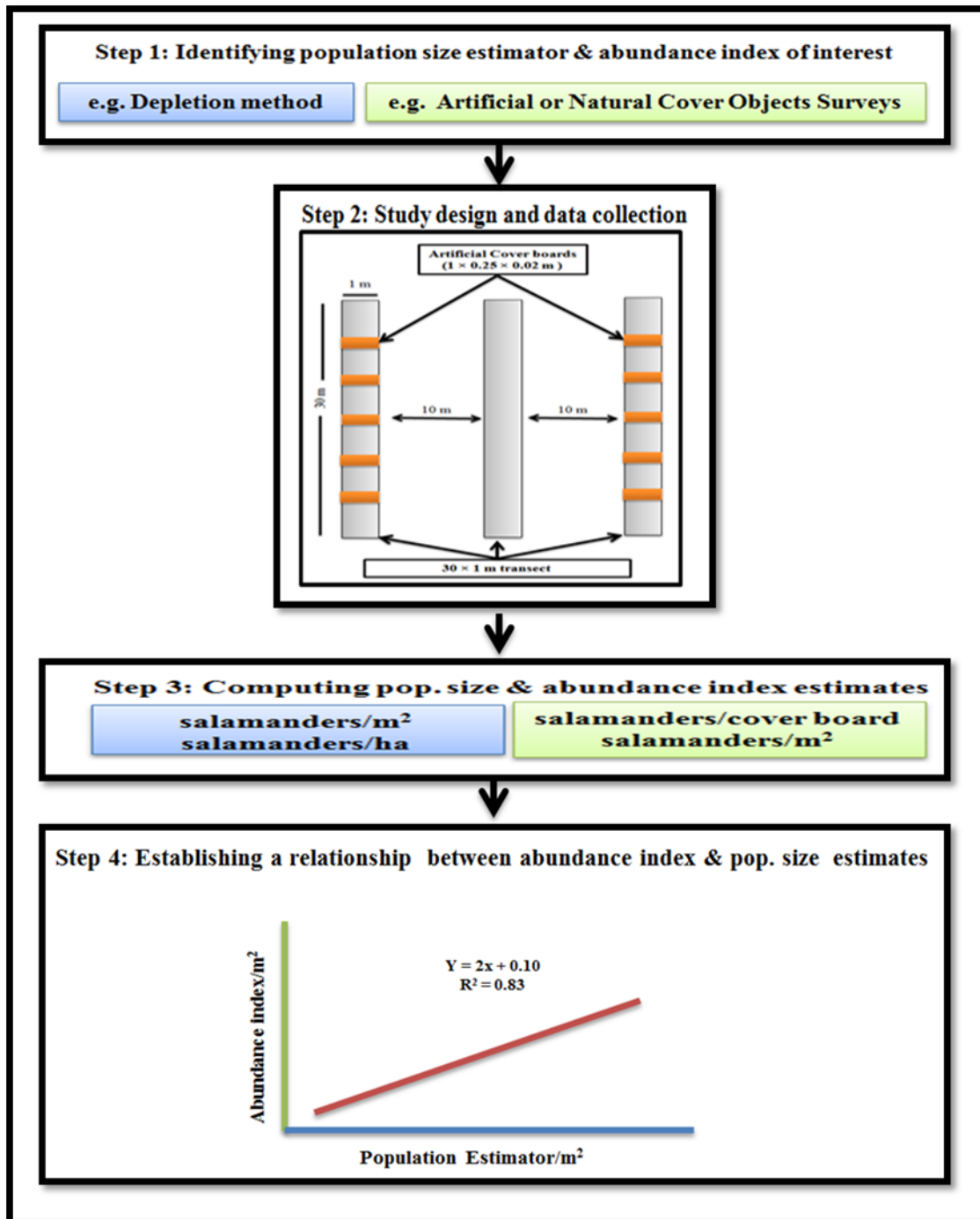
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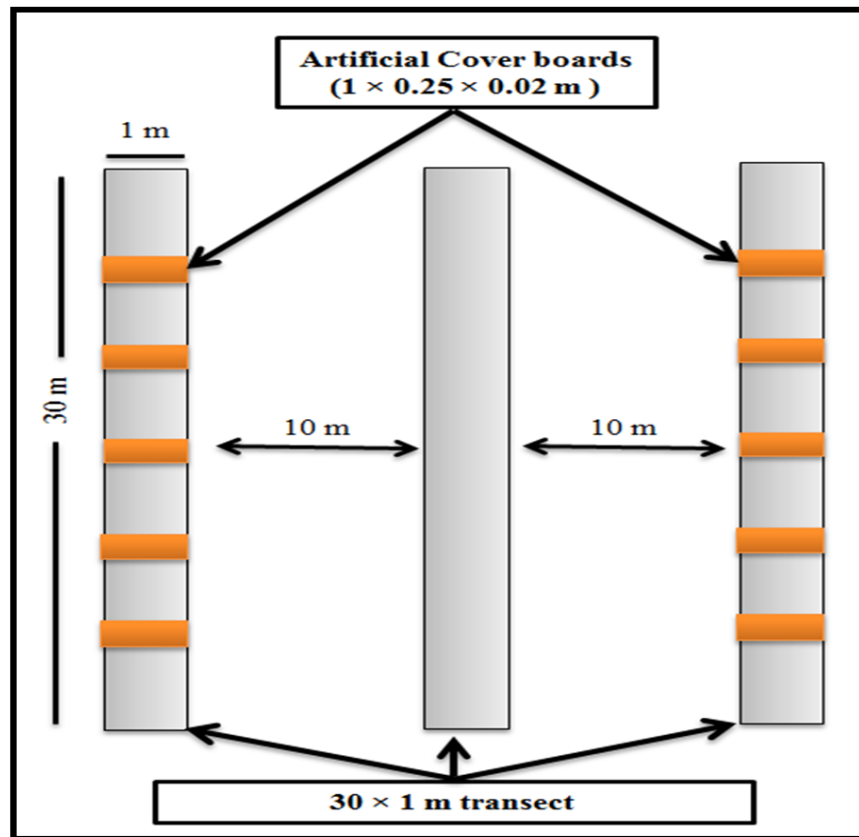


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431 Figure 1. Framework for calibrating salamander abundance indices with population size
432 estimators.

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Figure 2. Sampling design showing the layout of the sampling transects and arrangement of the cover boards at the Simes Tract of the Harvard Forest, Petersham, Massachusetts.

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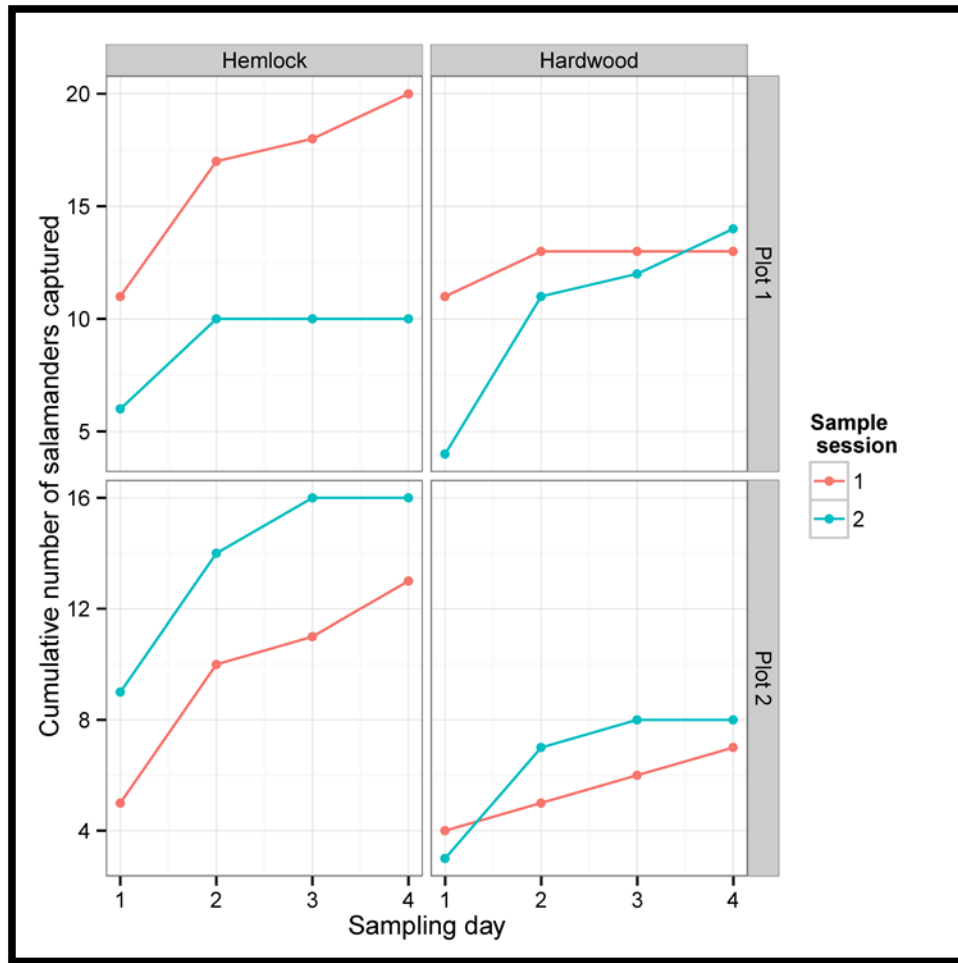


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451 Figure 3. Photographs (June 2014) of the understory of one of the deciduous forest stands (left)

452 and one of the hemlock stands (right) in which calibration plots were established.

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456 Figure 4. Cumulative numbers of salamanders captured during each depletion sampling session.

457 Each panel illustrates the cumulative number of salamanders captured in a single plot in either

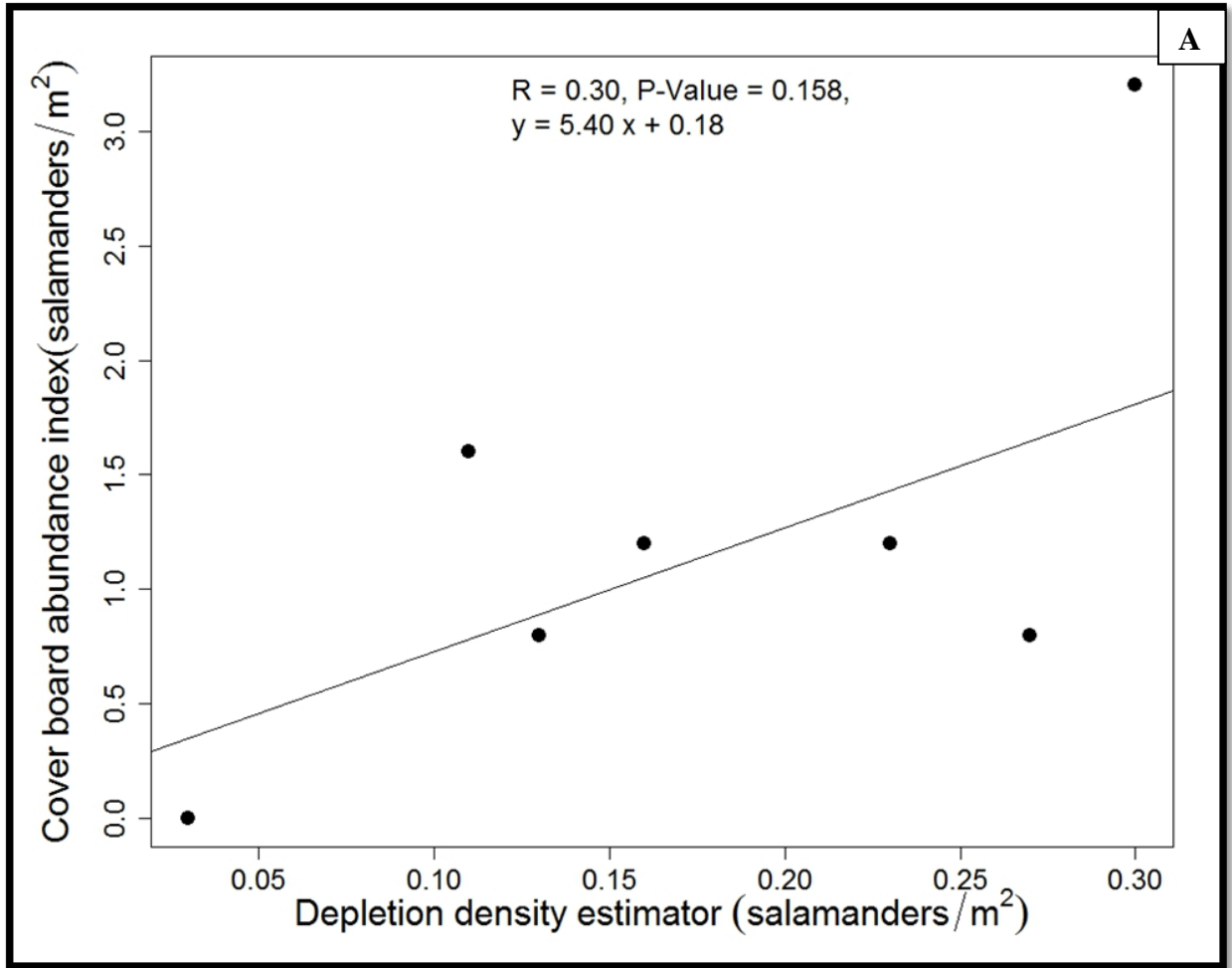
458 hemlock or the hardwood stands. The data for each 4-day sampling session in each plot × forest

459 type combination are shown in different colors.

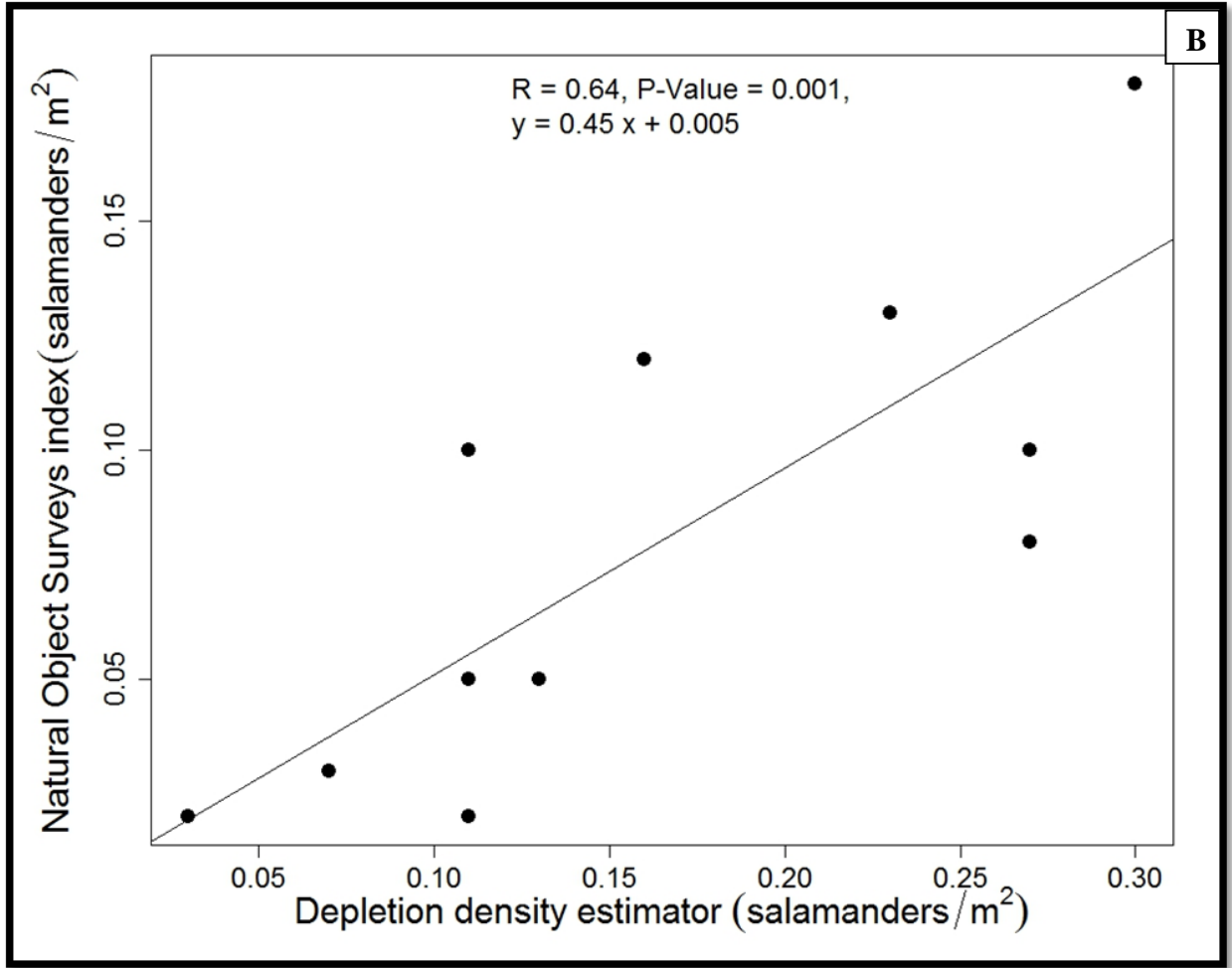
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473 Figure 5. Regressions of population estimates (salamanders/m²) based on depletion sampling and
 474 abundance indices (salamanders/m²) from (A) cover board surveys and (B) natural-object
 475 surveys of *P. cinereus* at the Simes Tract.